

OBC 25M 2025: Session: 3: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Vandermeulen Eric

Coaches: Goossens Nicole HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 400M FREESTYLE MEN

Heat:4, starttime: 09:15

Heat: 4/4 Lane : 7 Athlete: VAN REMOORTERE JASPER

Q-time: 03:59:50

PB (25m pool): 3:59.50 Gent 9 Nov 2024

PB (50m pool): 4:06.51 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		27.18		56.85		1:27.21		1:57.70
		27.18		29.67		30.36		30.49
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		2:27.92		2:58.73		3:29.75		3:59.50
		30.22		30.81		31.2		29.75
								

Coach feedback:

Event number: 17: 50M BACKSTROKE MEN

Heat:7, starttime: 09:45

Heat: 7/7 Lane : 6 Athlete: VAN HOEY BILLIET ALEXANDER

Q-time: 00:26:84

PB (25m pool): 26.84 Temse 22 Dec 2024

PB (50m pool): 26.88 SB:

	2 5 M	5 0 M	
PB		26.84	
		26.84	
			

Coach feedback:

Event number: 19: 200M BUTTERFLY MEN

Heat:3, starttime: 10:00

Heat: 3/4 Lane : 2 Athlete: VAN REMOORTERE JASPER

Q-time: 02:10:02

PB (25m pool): 2:10.02 Gent 10 Nov 2024

PB (50m pool): 2:12.84 SB:

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		28.21		1:01.18		1:34.79		2:10.02
		28.21		32.97		33.61		35.23
								

Coach feedback:

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Event number: 21: 50M BREASTSTROKE MEN							Heat:7, starttime: 10:25	
Heat: 7/8 Lane : 2 Athlete: ORBAN OLIVIER							Q-time: 00:29:56	
PB (25m pool): 29.56 Geel 10 Feb 2024							PB (50m pool): 30.58 SB:	
	2 5 M		5 0 M					
PB			29.56					
	29.56							
								

Coach feedback:

Event number: 23: 200M MEDLEY MEN						Heat:4, starttime: 10:45		
Heat: 4/4 Lane : 5 Athlete: VAN HOEY BILLIET ALEXANDER						Q-time: 02:02:36		
PB (25m pool): 2:02.36 Aachen (GER) 12 Oct 2025						PB (50m pool): 2:06.35 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.44		58.36		1:33.89		2:02.36
	26.44		31.92		35.53		28.47	
								

Coach feedback: